

some things are acceptable which previously were not. Now after a few weeks of this, my condition is pretty normal and I no longer face a bread and water diet. I am in no danger of becoming a food faddist, but I certainly have found the pendulum helpful. What I would now like to do is to run the pendulum over some of the so-called health foods and especially over some of the breakfast cereals, which I have always considered chiefly notable for charging a small fortune for, at most, a pennyworth of food value.

Some startling results were obtained at a meeting of the local amateur wine-makers' circle. Make no mistake, their better products are extremely good, and an apricot champagne was the best champagne I have tasted in years. But pendulum reaction was very varied. The pendulum nearly broke the string in horror at guava wine—yet guavas are supposed to be one of the most health-giving fruits and presumably suit other people better than they do me. Other fruits gave varying reactions, good and bad, but I finally settled for a port-type mulberry wine, which was excellent. It would certainly seem that the pendulum could have a part to play in amateur wine-making.

The technique of using the pendulum is simple and known to most people, but for those who do not know, swing the pendulum over your left palm in a clockwise direction, then move it to above the specimen. If the gyrations continue the specimen is "good for you." If it goes into reverse, it is distinctly bad, but if it merely stops, or swings diagonally, the reaction is neutral and the specimen will do neither harm nor good. If nothing else, it will make being on a diet more interesting, but I am not suggesting that you bring out your pendulum every time you go out to tea. You can safely leave it to the politicians to turn the world into a Mad Hatter's Tea Party.

## DOWSING ON A SCOTTISH FARM

*Report of a talk given by David Steven at Peebles on 18/9/76*

Mr. Steven began by saying that his chief interests in life were farming and music, and to these dowsing was adding a new dimension.

His introduction to the craft came when he saw Major Bruce MacManaway dowsing and felt curious. Mrs. MacManaway handed him a pendulum and he found that it worked. "Ah," she said, "you are one of us."

Mr. Steven comes from the north of Scotland. His farm lies three miles on the northernmost tip of the mainland at Dunnet and he can look over the fields to the Orkney Islands. It can, he said, be a very dismal place and in winter becomes very stormy. It is in this situation that he has developed his dowsing ability and

to a large extent it determines the uses to which it has been put.

There are many diseases and illnesses in sheep, said Mr. Steven, which show similar symptoms. Doctors find the same thing with people but there is a difference. You can't ask a sheep where it has a pain, and you may have entirely different causes for different symptoms. He mentioned the case of a ewe which kept turning her head and tightening her muscles. It looked very similar to hypermagnesaemia but was actually brain trouble. By using the pendulum he discovered that the cure was Vitamin B.1. He injected that and the ewe recovered.

The speaker also mentioned another problem which confronts farmers at lambing time. On an intensive farm, if two ewes have lambed at the same time and both have had twins the lambs can get mixed up, so that one ewe might find herself with three lambs while the other had only one left. He has used the pendulum to decide which belongs to which and it seems to work.

He has sometimes found that the recommended dose of a remedy is greater than the animal requires, and the same result or better can be obtained from a very much smaller amount. He also feels that far too much nitrate and phosphate are applied to the soil, but he has not yet tried the pendulum for this.

Mr. Steven has learned to map dowsing and finds it of substantial benefit to him. He rents a farm which is sixteen miles from his home. He is not able to go there every day, so he takes a map or simply draws on a sheet of paper rough sketches of the fields where the sheep are. Then he dowses over it to see whether there is anything wrong with the sheep in a particular field which requires immediate attention. For instance, a sheep on her back cannot get up and will very quickly die or will be attacked by birds. He has never yet had a positive reaction from his pendulum without finding, when he went to the spot, that there was something wrong.

The speaker then described the first occasion when he had found a drain by dowsing. They were putting a drain into a field where one already existed, and to save expense and time they intended to connect the new one to the old. They knew the whereabouts of the old drain within four or five yards but not its exact position. Mr. Steven's father said to him, "You say you can dowsing or whatever you call it. Find this drain for us." Mr. Steven had no dowsing tools with him, but he got the pliers and cut a piece of wire and made two angle rods. Not having dowsed previously for a drain he felt very anxious, which, as every dowser knows, is not the best frame of mind to be in. However, as he moved along he got a reaction. He went to the other side and came back and got another reaction but found it didn't coincide with the first, so he chose a spot in between and hoped for the best. He didn't feel very confident, but they dug there and sure enough it was the right spot. That incident gave him more confidence in his dowsing

than anything else he had done. It was something physical and he had been able to find it.

Mr. Steven also does healing and has a small healing centre at his home at Rosehill in Dunnet. He is certain that he would not have started this but for his dowsing; the two seem to work together. His method is to go over the vertebrae with the pendulum until he comes to a spot which needs attention. The pendulum tells him when to stop, and if he leaves the tip of his finger there the healing takes place in the foot, the arm or wherever the trouble may be, and the person seems to get better.

He then went on, "What I feel was a quite important event in the use of my pendulum occurred when a friend called one evening. I had treated this lady before for some other ailment. When I saw her come in at the door I knew immediately there was something wrong. She was bent over and obviously in considerable pain with back problems. She didn't say so, but I knew she was feeling so bad that she didn't want me to go near her to give her healing. After a while I went into another room and got the pendulum and asked what should be done for her. "Treat her in the aura," I was told, "but not just yet." The opportunity came later in the evening, when she went through to say goodnight to my little girl, who was in bed. I don't know why I did it but I went into the room behind her and held my hand behind her back within the aura, and she suddenly felt her spine go very very cold. She said, "It seems terribly cold. What are you doing?" I said, "I am doing nothing." Then after two or three minutes she gave a sudden leap forward and straightened up. She said, "That was a terrible pressure you applied to me. Why did you do that? You must have touched me." I hadn't, but she had straightened up and she no longer had that back trouble which had been causing her disability. If I hadn't had the pendulum to help me I know that in that particular instance I should have done something wrong and she wouldn't have been cured."

The speaker then touched on the question of music therapy. A patient who is an enthusiast for pipe music came to him one night and asked him to play a tune on the bagpipes. While the tunes were being played the patient said he could see every single vertebra in his back and could feel something happening to them. Mr. Steven found this quite exciting and felt that there was an opportunity in the field of music as well.

Having heard a talk by Mrs. Smithett about ley lines and black lines or black streams, Mr. Steven felt rather anxious about his own house. He therefore sent a map to Mrs. Smithett, who discovered certain lines, some of which were black lines and others harmless. Oddly enough, he remembered there were wells along the black lines, but according to local tradition these were bad wells and nobody drank water from them. One well was fenced

off as being harmful to animals. The wells on the good lines are known as good wells and some of them are in use to this day, in fact, people go to them in preference to using water from the main.

Mr. and Mrs. Smithett did a field dowse at Mr. Steven's home and confirmed the findings on the map. One of the black lines also went right through his parents' home, in fact, it went through their bedroom and exactly under the bed where his mother slept. After they had put the pegs in they could find no harmful reactions, so the rays had been diverted. His mother's health improved considerably. Mr. Steven mentioned as a matter of interest that the wood on the window sill above the black line was black and rotten. The window has since been replaced and there is now no discoloration.

Mr. Steven then dowsed in the room and in the house generally and decided that there were still some harmful rays in the house and that they were coming in from the direction of the electric meter above the door. By a process of trial and error he found that silver would nullify this, so he placed an old silver coin over the meter and since then there has been no trouble.

The speaker then raised the question of "cancer houses." In his neighbourhood, he said, there were houses in which anything from one to six people had died of cancer within living memory. He map dowsed and later field dowsed the area and found a bad reaction in every house where people had died of cancer. These particular deaths were a very high proportion of the total fatalities, and he felt that there must be some connection between them and the black streams.

Mr. Steven then concluded his talk by saying that he had been dowsing for six to seven years but had only been working on it definitely in the last two or three years. His parting words were that he thought dowsing should always be kept very simple.

I.G.G.

## NOTES AND NEWS

In "The Weekend Scotsman" of 16/7/77 there was an article about the Misses Wilma and May Allan of Jedburgh, Scotland. Their hobby is archaeological dowsing and by the use of the rod they have produced the only ground plan in existence of the ancient town of Roxburgh. The cutting was sent in by Mr. John Page. On 5/8/77 the Misses Allan appeared on Radio Programme "Woman's Hour."

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"Psychic News" of 25/6/77 gave a two page spread to a report of Mr. W. A. Lewis's activities as a dowser and to his appearance in the I.T.V. programme "Earth Magic."

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"The Sunday Express" of 26/6/77 in its Overseas News related